



Loch Ard Sailing Club.

Kinlochard, by Aberfoyle, Stirlingshire

Solo Sailing Instructions 2018

CONDITIONS OF ENTRY AND RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), the RYA prescriptions, the rules of each Class Association and the rules of Loch Ard Sailing Club.

Competitors give the absolute right and permission for video footage or photographs of themselves or their boat to be published in any media for press, editorial or advertising purposes by the club.

NOTICES TO COMPETITORS

Notices to competitors will be posted on the notice board in the clubhouse and online.

CHANGES IN THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no less than 30 minutes before the first race signal on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 hrs on the day before it will take effect.

SIGNALS MADE ASHORE

Signals made ashore will be made on the white mast in front of the clubhouse.

When flag AP is displayed ashore, '1minute' is replaced with 'not less than 30 minutes'.

SCHEDULE OF RACES

See Notice of Race for briefing and race times

Registration will be on first race day **prior to briefing**.

For back-to-back races, to alert boats that another race or sequence of races will begin, the postponement signal will be displayed for at least one minute before the start sequence.

The last race of any day will not start after 18:00 hours.

FLAGS

Class flags	Solo's :- flag K
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NB. start flags P & K have an additional yellow fluorescent border to aid visibility.

RACING AREA

Marks shall be the clubs normal racing marks in there approximate positions as marked on the course chart, appendix A of these Sailing Instructions.

THE COURSE

Courses shall be designed to suit the conditions of the day and shall utilize fixed club marks on the loch.

Starting area is indicated on the club course board on the front of the clubhouse.

The course will be displayed on the committee boat, (large orange motor boat), prior to each race.

The list of marks displayed indicates the mark number and their required order to be rounded to complete a circuit (coloured cards, red - port, green - starboard rounding).

Every boat shall pass through the start/finish gate at the end of each circuit.

MARKS

The club Course marks are round ORANGE BUOYS marked with black numbers and the approximate positions on the loch are shown in *appendix A* of these sailing instructions.

The start/finish line will be between the committee boat flag staff and a course mark or a dan buoy.

THE START

Races will be started by using rule 26 with the warning signal made **3 minutes before the starting signal (3-2-1-0), this changes rule 26.**

A general recall will be signalled as in accordance with RRS rule 29 (recalls). Except that the warning and preparatory signals of the recalled class shall be made with or after the starting signal for either the last scheduled class or previously recalled class. If the last class in a starting sequence is recalled then rule 29.2 will apply (i.e. warning signal 1 min after 1st sub down)

A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and A5.

FINISHING

The finishing line will be between the committee boat flag staff displaying a BLUE flag and a course mark or a dan bouy. When a racing mark is used for the start, the committee boat may be moved, after the start, to the other hand of the racing mark to give the correct finishing line.

TIME LIMITS

If adverse weather conditions occur demanding that the race be abandoned, the race officer may use the lap timings from the previous circuit/laps to calculate a boat's result. This changes RRS rule 35.

PROTESTS

Protest forms are available from the race office in the clubhouse. Protests and requests for redress shall be delivered there (with a fee of £1.00, refunded on success) within the time limit.

For each class, the protest time limit is 45 minutes after the last boat has finished the last race of the day.

SCORING SYSTEM

At least one race must be sailed to constitute a regatta

When all 3 races have been completed, a boat's score shall be the total of her race scores excluding her worst result.

SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible.

Fishing boats and open water swimmers are to be treated as an obstruction with an extended prohibited area of at least 3 boat lengths.

Hazard Note: there are some shallow areas and rocks in the loch (some marked with posts). See the red shaded areas on the map in appendix A, or on the race board at the clubhouse.

ALL Competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet and dry suits are not personal flotation devices. This changes RRS rule 40.

PRIZES

The prize giving will take place in the clubhouse as soon as possible after the racing has been completed.

DISCLAIMER OF LIABILITY

The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Competitors participate in the event entirely at their own risk.

RISK STATEMENT:

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- Their boat is in good order, equipped to sail in the event and they are fit to participate;
- The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.

Appendix A. approximate positions of club marks.

