

General club Sailing Instructions.

1. A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.
2. It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going onto the water, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them.
3. Boats are required to hold adequate insurance, including insurance protection against third party liability in the sum of not less than £1,000,000. This is the sole responsibility of the owner/competitor.
4. Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in sailing/racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats and beach master.
5. The provision of safety boats does not relieve the boat of her responsibilities.
6. Racing will be governed by the current rules as defined in The Racing Rules of Sailing (RRS); the prescriptions of the RYA; the rules of each class concerned, the Notice of Race and the Sailing Instructions. In the event of any conflict the Sailing Instructions shall prevail.
7. Course instructions will be posted at the clubhouse and/or displayed on the committee boat prior to any race start signals.
8. Races should be run with an intended race length of approximately 30-60 minutes.
9. Races will be started by using rule 26 with the warning signal made 3 minutes before the starting signal. Times shall be taken from the visual signals.
10. Individual recalls will be signalled by raising of code flag "X" and one sound signal. General recalls will be signalled by displaying the "First Substitute" flag and two sound signals. The responsibility for return will rest solely with the helm of the dinghy concerned.
11. A boat trying to start later than 10 minutes after her starting signal will be scored Did Not Start (DNS). This changes Rule A4.1.
12. Average lap times will be used for all racing. Every boat must pass through the start/finish gate at the end of each circuit in the correct direction.
13. Cessation of Average Lap race or a shortened course, flag 'S' & two sound signals, boats must complete the circuit/lap that they are currently on, otherwise such boats will be deemed not to have finished.
14. Committee boat Start-Finish, the line is between the blue finishing flag on the mast and the finishing mark.

15. Shore start-finish,

Line is between buoy X and buoy 2 (leaving 2 to Starboard), direction of start is from clubhouse down the loch, i.e., easterly, no matter which direction the wind and no matter what the next mark is.

Course: - is as set out on the course board by clubhouse, except for the start and finish, Buoy 2 should be rounded according to the set course, either port or starboard.

Finish: - At the end of the prescribed number of laps, or if the shortened course flag is raised, Boats shall cross directly through the finish line which is between buoy X and buoy 2. (leaving buoy X to Starboard and buoy 2 to Port). And NOT hooking round it.

16. Time Limit (except Marathon) will be 60 minutes from each class start. Boats failing to finish within 20 minutes of the first boat finishing or within the time limit, whichever is later, will be scored 'Did Not Finish'. If adverse weather conditions occur demanding that the race be abandoned or the time limit expires, lap timings from the previous circuit/laps may be used to calculate a boat's result, where available. This changes RRS rule 35.

17. If no boat has completed the first round or leg, within the time limit the race may be abandoned, with Code Flag "N" over "H" being hoisted on the signal mast and accompanied by three sound signals.

18. Where a race has been abandoned/cancelled the next scheduled race will be the resail race, in conjunction with the scheduled race, with the results being extracted for the abandoned/cancelled race. If this is not possible then Notification of any re-sail will be posted on the notice board as soon as possible, or as decided by LASC committee.

19. Protests must be indicated to the Race Officer as soon as possible and be lodged in writing accompanied by a £1.00 deposit (non-refundable). Official protest forms are available in the club house.

20. Fishing boats to be treated as obstruction and given clearance of 20 metres.

21. Members and visitors shall wear life jackets or other adequate personal buoyancy at all times when afloat. Wet/dry suits do NOT constitute adequate personal buoyancy. This changes RRS rule 40.

22. A list of club trophies, their entry qualifications and scoring club system are shown in the relevant sections of this membership card, or found in the clubhouse.

23. Members & visitors must at all times adhere to the Club rules.

24. Members should also ensure that any craft they use are in good order and properly equipped. Members should consider whether it is necessary to carry a paddle for use in emergency, particularly when no safety cover is being provided.

These sailing instructions are for everyday usage at the club.

For regattas a separate set of sailing instructions may be issued which will govern and take precedence over the above sailing instructions